

# Be in the Room!

## ICSC UPPER EXTREMITY CCSSQ Congress, Université du Québec à Trois-Rivières (UQTR) CANADA

**24-25 JANUARY 2026 (2 DAYS)**

**22 CE CREDITS**

**YOU'VE GOT THE PASSION.  
NOW ADD THE PRECISION.  
THIS ISN'T JUST PROFESSIONAL  
DEVELOPMENT IT IS A JOURNEY TO  
EXCELLENCE**



**25% OFF** **EARLY BIRD**  
**DISCOUNT**



### Step Into the Future of Sports Chiropractic

FICS has teamed up with the UQTR to bring you the International Certification Lower Extremity Seminar - a hands-on course designed to **elevate your skills and open doors to international opportunities**. Dr Foss is the author of Author of "Dissecting Sports Injuries of the Hip and has a **Doctor of Medicine degree from the University of Health Sciences, and Doctorate in Chiropractic from New York Chiropractic College**.

💛 Connect with global leaders in sports chiropractic.

Expand your skill set, think outside box with hands-on clinical cases, networking, and inspiration.

# INSTRUCTOR

# DR CHRISTINE FOSS



**SHE'S NOT JUST TEACHING SHE'S INSPIRING AND TRANSFORMING HOW CHIROPRACTORS ENGAGE WITH SPORTS INJURIES, ELITE ATHLETIC CARE AND YOUR PHYSICIALLY ACTIVE PATIENTS**

**She works daily with elite athletes and complex cases, and she's bringing her wisdom to YOU.**

- Author of "Dissecting Sports Injuries of the Hip"
- Director of the CCSP Program at Northeast Chiropractic College
- Immediate past Education Chair for FICS
- Master Instructor for FICS international seminars and faculty at the Camera Institute, Philippines
- Director of Education & Research at Foot Levelers USA
- Founder of Elite Sports Recovery Center, Florida USA
- Worldwide lecturer on the Kinetic Chain and Performance
- Athletes in soccer, triathlon, and water polo.
- Runs a sports recovery centre for top-tier athletes in Florida USA.
- In the Gym at 6.30am every day - because she lives this stuff
- Over 2 decades working at International events at the highest level.

**A POWERHOUSE IN SPORTS CHIROPRACTIC AND KNOWN FOR HER ABILITY TO CREATE STRATEGIES THAT ACTUALLY WORK AND PROVIDING LESSONS LEARNT FOR THOSE DIFFICULTY INJURIES.**

- ✓ **GROW YOUR EXPERTISE.**
- ✓ **CHALLENGE YOUR CURRENT THINKING.**
- ✓ **LEARN THE LESSONS THAT SHAPED A GLOBAL SPORTS CHIROPRACTOR'S CAREER.**
- ✓ **JOIN A COMMUNITY OF LIKE-MINDED PRACTITIONERS COMMITTED TO EXCELLENCE.**



# ICSC SEMINAR

# INSTRUCTORS

**THEORY ONLINE. CLASS TIME 100% PRACTICAL**