

Be in the Room!

ICSC UPPER EXTREMITY
CCSSQ Congress, Université du Québec à
Trois-Rivières (UQTR)
CANADA

24-25 JANUARY 2026 (2 DAYS)
22 CE CREDITS



YOU'VE GOT THE PASSION.
NOW ADD THE PRECISION.
THIS ISN'T JUST PROFESSIONAL
DEVELOPMENT IT IS A JOURNEY TO
EXCELLENCE



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25% OFF **EARLY BIRD DISCOUNT**



Step Into the Future of Sports Chiropractic

FICS has teamed up with the UQTR to bring you the International Certification Lower Extremity Seminar - a hands-on course designed to **elevate your skills and open doors to international opportunities**. Dr Foss is the author of "Dissecting Sports Injuries of the Hip" and has a **Doctor of Medicine degree from the University of Health Sciences, and Doctorate in Chiropractic from New York Chiropractic College**.

👉 Connect with global leaders in sports chiropractic.

Expand your skill set, think outside the box with hands-on clinical cases, networking, and inspiration.

DR CHRISTINE FOSS

SHE'S NOT JUST TEACHING SHE'S INSPIRING AND TRANSFORMING HOW CHIROPRACTORS ENGAGE WITH SPORTS INJURIES, ELITE ATHLETIC CARE AND YOUR PHYSICALLY ACTIVE PATIENTS



She works daily with elite athletes and complex cases, and she's bringing her wisdom to YOU.

- Author of "Dissecting Sports Injuries of the Hip"
- Director of the CCSP Program at Northeast Chiropractic College
- Immediate past Education Chair for FICS
- Master Instructor for FICS international seminars and faculty at the Camera Institute, Philippines
- Director of Education & Research at Foot Levelers USA
- Founder of Elite Sports Recovery Center, Florida USA
- Worldwide lecturer on the Kinetic Chain and Performance
- Athletes in soccer, triathlon, and water polo.
- Runs a sports recovery centre for top-tier athletes in Florida USA.
- In the Gym at 6.30am every day - because she lives this stuff
- Over 2 decades working at International events at the highest level.

A POWERHOUSE IN SPORTS CHIROPRACTIC AND KNOWN FOR HER ABILITY TO CREATE STRATEGIES THAT ACTUALLY WORK AND PROVIDING LESSONS LEARNT FOR THOSE DIFFICULTY INJURIES.

- GROW YOUR EXPERTISE.**
- CHALLENGE YOUR CURRENT THINKING.**
- LEARN THE LESSONS THAT SHAPED A GLOBAL SPORTS CHIROPRACTOR'S CAREER.**
- JOIN A COMMUNITY OF LIKE-MINDED PRACTITIONERS COMMITTED TO EXCELLENCE.**



**ICSC SEMINAR
INSTRUCTORS**
THEORY ONLINE. CLASS TIME 100% PRACTICAL